

HOW TO RIDE SAFE

HAND SIGNALS

Use hand signals when riding your bike.

Hand signals tell others around you what your intentions are.



Left Turn Signal



Right Turn Signal



Stop Signal

Shoulder Check!

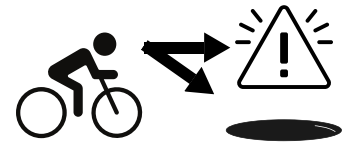
Before you make a turn or change lanes, briefly look over your left shoulder to check for traffic behind you and ensure it's safe to turn.

BE PREDICTABLE

- Ride in a straight line
- Ride in a single file
- Use hand signals
- Make eye-contact

MANEUVERABLE

- Ride 1 metre from curb
- Give yourself space to move around or avoid hazards



The **law requires** that you equip your bike with basic equipment.

- A bell or horn in good working order
- Lights and reflectors if you ride between 1/2 hour before sunset and 1/2 hour after sunrise
 - White front light
 - red light or reflector on back at night
- Reflective tape
 - white reflective tape on the front forks
 - red reflective tape on rear forks

